

Lunch Menu – Week One

Review Date
April 2011

	Monday	Tuesday <i>Curry day</i>	Wednesday	Thursday	Friday
Meat/Fish	Cottage pie Gravy	Creamy chicken Korma, Naan bread or Poppadums	Roast turkey/stuffing chipolata, gravy	Chicken and broccoli pie Gravy	Fillet of battered Alaskan Pollock, Tomato ketchup
Vegetarian	Vegetarian cottage pie Vegetarian gravy	Creamy Quorn and vegetable Korma.	Nut roast baked in pastry	Cheese and onion pie	Vegetarian cakes, Tomato ketchup
Potato/Rice/ Noodles	Mash potatoes	Boiled rice	Roasted potatoes	Herb diced potatoes	Chipped potatoes
Vegetables	Buttered broccoli	Lettuce, tomato and cucumber salad	Savoy cabbage/parsnips	Carrots	Baked beans
Sweet/Dessert	Treacle pudding, custard	Apple sponge pudding and custard	Fresh fruit salad, cream	Chocolate sponge pudding, chocolate sauce	Cream slice