

Lunch Menu – Week Three

Review Date
April 2011

	Monday	Tuesday	Wednesday	Thursday	Friday
Meat/Fish	BBQ Chicken,	Toad in the hole	Roast chicken, sage and onion stuffing, gravy	Chinese style chicken sweet and sour	Fillet of Pollock, breadcrumbs, tomato ketchup
Vegetarian	Macaroni cheese	Vegetarian sausages, toad in the hole	Potato and broccoli bake	Quorn sweet and sour	Tomato and cheese tart
Potato/Rice/ Noodles	BBQ Potatoes	Mashed potatoes	Roast potatoes	Noodles/ Rice	Chipped potatoes
Vegetables	Sweetcorn	Baked beans	Carrots/ peas	Salad	Baked beans
Sweet/Dessert	Banana pancakes, Maple syrup	Sticky toffee pudding/ caramel sauce	Chocolate brownie and custard	Apple pie and custard	Chocolate rice crispy cakes